

Jesus Healed a Woman and Raised a Girl

BIBLE PASSAGE: Mark 5:21-43

MAIN POINT: Jesus healed a bleeding woman and raised a girl from the dead.

KEY PASSAGE: Psalm 103:2-3

BIG PICTURE QUESTION: What did Jesus heal people from? Jesus healed people from sickness, sin, and death.

SMALL GROUP OPENING

(10-15 MINUTES)

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LARGE GROUP BIBLE STUDY

(25-30 MINUTES)

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SMALL GROUP ACTIVITIES

(25-30 MINUTES)

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Leader BIBLE STUDY

Jesus had just returned from the region of the Gerasenes, where He had healed a man with an unclean spirit. He crossed the Sea of Galilee and came on shore, where He was surrounded by a large crowd of people. News of Jesus' teachings and healings was spreading, and people wanted to see Jesus. They wanted to learn from Him and be healed.

Jairus, a leader in the synagogue, came to Jesus in crisis. His daughter was at the point of death. Without Jesus' help, she would surely die. Jesus went with Jairus, but as He walked, a woman in the crowd came up behind Him and touched His robes. She too was desperate for healing. The woman believed that Jesus' power was strong enough to heal her

even if all she did was touch His robes. Because she had faith, Jesus healed her.

Imagine Jairus's devastation when he heard that his daughter had died. The people suggested that Jesus was too late to help her, but Jesus proved them wrong. He went to Jairus's house and raised the little girl from the dead.

Through His healing miracles, Jesus showed His power as the Messiah. Jesus died on the cross and rose again to save people from sin and death. When we trust in Jesus, God forgives our sin and changes us to be more like His Son.

As you teach kids, point out that the woman and the father of the little girl came to Jesus in faith. They needed Jesus' help, and they trusted in Jesus' power to heal. After Jesus died on the cross and rose from the dead, He ascended to heaven. Even though Jesus is not physically on earth today, we can pray and ask God to heal people who are sick. Whether or not God grants physical healing, we can rest knowing that He brings ultimate healing through His Son, Jesus.

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Additional resources for each session are available at gospelproject.com. For free training and session-by-session help, visit www.ministrygrid.com/web/thegospelproject.

The BIBLE STORY

Bible Storytelling Tips

- **Use lighting:** Dim the lights and use special lighting to highlight the storyteller. Invite an adult helper and a kid volunteer to wear Bible times clothes and stand in the shadows on stage. When you begin to tell the story of the woman, cast a spotlight on her. When you tell the story of the little girl, shine a spotlight on her.
- **Doodle it:** Draw stick figures and other basic shapes to help convey the story. Draw a T-shirt for clothing, a tombstone for death, and so forth.

Jesus Healed a Woman and Raised a Girl

Mark 5:21-43

Jesus got into a boat and crossed the Sea of Galilee. He stood on the shore, and a large crowd gathered around Him. Then **Jairus** (JIGH ruhs), one of the rulers in the synagogue, **fell at Jesus' feet and begged for His help.**

“My daughter is about to die! Please come touch her so she will be healed and live,” he said.

Jesus went with Jairus, and many people followed, crowding around Him.

In the crowd was a woman who had been bleeding for 12 years. She had seen many doctors and spent all her money, but no one could help her. She was getting worse. **The woman had heard about Jesus, so she came up behind Him in the crowd and touched His clothes. She said to herself, “If I touch even His clothes, I will be healed.”**

As soon as she touched Jesus' clothes, her bleeding stopped and she knew she was healed.

At that moment, **Jesus** felt that power had gone out of Him. He **turned around and said, “Who touched My clothes?”**

Jesus' disciples pointed out that many people were crowded around Him. But Jesus kept looking around.

The woman, knowing she was healed, came forward and fell before Jesus. She told Him what had happened.

Jesus said to her, “Daughter, your faith has made you well. Go in peace. You are healed.”

While Jesus was speaking, some men came from Jairus's house and said, “Your daughter is dead. Do not bother Jesus anymore.”

Jesus heard what the men said, and He **told Jairus, “Do not be afraid. Just believe.”**

Jesus and three of His disciples went to Jairus’ house. The people there were crying and wailing loudly. Jesus said, “Why are you crying? The child is not dead. She is sleeping.”

The people laughed at Jesus, and He told them all to go. **Jesus took Jairus and his wife into the room where the child was. He took the girl by the hand and said, “Little girl, get up.”**

Immediately, the girl got up and began walking around. Jairus and his wife were amazed. Jesus told them to give the girl some food and to not tell anyone what had happened.

Christ Connection: By healing the woman and raising the little girl from the dead, Jesus showed His power as the Messiah. Jesus died on the cross and rose again to save people from sin and death. When we trust in Jesus, God forgives our sin and changes us to be more like His Son.



**WANT TO
DISCOVER
GOD’S WORD?
GET
ADVENTURE!**

Invite kids to check out this week’s devotionals to discover Jairus was a leader in the temple, but his daughter got sick and died. This story reminds us that suffering is common, even for believers, but Jesus saves. (Ps. 34:19) Order in bulk, subscribe quarterly, or purchase individually. For more information, check out www.lifeway.com/devotionals.

Small Group OPENING

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BIBLE PASSAGE: Mark 5:21-43

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KEY PASSAGE: Psalm 103:2-3

BIG PICTURE QUESTION: What did Jesus heal people from? Jesus healed people from sickness, sin, and death.

Welcome time

Greet each kid as he or she arrives. Use this time to collect the offering, fill out attendance sheets, and help new kids connect to your group. As kids arrive, ask them about the most crowded place they have ever been. Maybe it was at a fireworks show or the line for a ride at a theme park.

SAY • When big events happen, people often crowd into a space that feels a bit too small. In today's Bible story, we will learn about a time Jesus was in a crowded place and felt a specific woman touch His clothing. What would make one woman stand out from a crowd of people?

Activity page (5 minutes)

Invite kids to complete the "Crossing Paths" activity page. Kids will use the clues and pictures provided to fill out the crossword puzzle with keywords.

SAY • Each of the answers to your crossword puzzle are keywords that will come up in our story. We will learn about a time Jesus crossed paths with a sick woman on His way to heal a sick girl. What do you think happened to the two?

- "Crossing Paths" activity page, 1 per kid
- pencils or markers

Session starter (10 minutes)

OPTION 1: Squeeze chain

Invite kids to stand in a circle and hold hands. Choose one kid to initiate a squeeze chain by quickly squeezing the hand of the kid on his right or left. Depending on whose hand he squeezes, the squeeze will be passed around the circle clockwise or counterclockwise. After the signal has traveled around the whole circle, kids may choose to reverse the direction by squeezing twice quickly. Pay close attention to the signal as it passes through the kids. See how quickly they can pass it around or how many times they can pass it in a minute.

SAY • In our Bible story, we will learn about a woman who touched Jesus as He passed in a crowd. Jesus felt her touch specifically. Why do you think her touch stood out from all the other people in the crowd? We will find out soon.

OPTION 2: Special touch

Select one kid to stand at the front of the room with her back to the other kids. She will wear an adult-size bath robe and must close her eyes while you secretly select another kid to sneak forward and lightly touch the bottom hem of the robe. If she feels the touch, she may turn around to tag the kid, making him the next kid to stand at the front. If she does not feel the touch, she will still have a chance to guess who touched the robe. If she is correct, that kid will be *It*. Otherwise, she will remain *it* for another round

SAY • In our story, Jesus felt a woman touch His clothing. Why do you think she reached out to touch Jesus?



• stopwatch (optional)

• adult-size bath robe

Transition to large group

Large Group LEADER

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Countdown

• countdown video

Show the countdown video as your kids arrive, and set it to end as large group time begins.

Introduce the session (3 minutes)

• leader attire

[Large Group Leader enters wearing white lab coat and stethoscope around his or her neck.]

LEADER • Hey there, kids! Welcome back to my exam room. You know, as a doctor I do a lot of poking and prodding to figure out what's wrong with my patients. Sometimes I have to apply a little pressure to see how bad swelling is or tap slightly to check reflexes. Sometimes I just have to find out where the pain is coming from. These are some of the simple things doctors do to help figure out what treatment different people need.

Usually the problem isn't too bad and we can figure out how to cure it. Sadly, sometimes we can't figure out what's wrong. Other times we may know what's wrong but don't know how to heal it. Doctors are important, but we aren't perfect. Only Jesus is perfect!

As you may have guessed, this reminds me of a Bible story. Who wants to hear it? [*Allow responses.*] Great!

Big picture question (1 minute)

LEADER • We've been learning about Jesus' ministry on earth. While teaching and performing miracles, Jesus also healed people. Remember the big picture question and answer we've been studying? Let's say it together: ***What did Jesus heal people from? Jesus healed people from sickness, sin, and death.*** Precisely. Good memories, everyone.

Giant timeline (1 minute)

LEADER • Last week we learned that **Jesus healed a man with many evil spirits**. This helped us see Jesus' power over evil. The week before that was our first week together, and we learned about four friends who brought their friend who was paralyzed to see Jesus. **Jesus healed a man and forgave his sins**, even though the religious leaders didn't think He could. This week our story is called "Jesus Healed a Woman and Raised a Girl."

• Giant Timeline

Tell the Bible story (10 minutes)

Open your Bible to Mark 5:21-43. Use the Bible storytelling tips on the Bible story page to help you tell the story, or show the Bible story video "Jesus Healed a Woman and Raised a Girl."

LEADER • My goodness! Let's start by talking about the woman Jesus healed. She had been suffering for

• Bibles
• "Jesus Healed a Woman and Raised a Girl" video
• Big Picture Question Poster
• Bible Story Picture Poster

years with a condition that no doctors could cure. Remember when I said that we doctors aren't perfect? This is exactly what I'm talking about. We love to help people feel better, but sometimes the problems are too big for us to handle. The woman in the story believed that Jesus could heal her. She had such strong faith in Him that she knew just touching His robe would be enough. She was right, too. Despite the crowds of people pushing in around Jesus, when she touched Him, He felt His power flow into her and heal her.

Do you remember where Jesus was going when He stopped to speak with this woman? [*Allow responses.*] That's right! Jesus was on His way to heal a girl who was dying. Before Jesus and His followers could get there, they received news that the girl had died. Jesus then did something no doctor can do: Jesus went to the girl, took her by the hand, and told her to get up—and she did! She was alive again. **Jesus healed a bleeding woman and raised a girl from the dead.**

Christ connection

LEADER • In our story today, Jesus not only showed that His power to heal was greater than the skill of any doctor, but that it even extended beyond death. Jesus wanted people to see that He is the Messiah. His power is greater than anything the world had seen, and He used it to heal people. The little girl was not the last person who would rise from the dead, either. Later, Jesus would raise other people from the dead. Then, after dying on the cross for our sin, Jesus Himself rose again on the third day. This provided

Tip: Use Scripture and the guide provided to explain how to become a Christian. Make sure kids know when and where they can ask questions.

the only way for people to be forgiven of sin and healed from our biggest problem: the spiritual death that sin causes. ***What did Jesus heal people from? Jesus healed people from sickness, sin, and death.*** He still heals people from sickness, sin, and death even today. When we believe in Him, we are raised from our spiritual death and given life with God and hearts that love Him.

Key passage (5 minutes)

Show the key passage poster. Lead the boys and girls to read together Psalm 103:2-3.

LEADER • David wrote this psalm many years before Jesus was born on earth, but it points ahead to the wonderful thing Jesus would do for people. Our key passage reminds us to praise God for the forgiveness and healing He provides.

Lead boys and girls in singing “My Soul, Praise the Lord.”

- Key Passage Poster
- “My Soul, Praise the Lord” song

Discussion starter video (4 minutes)

LEADER • Can you think of a time you tried to do something on your own when you needed help? Think about that; then watch this video with me.

Show the “Unit 24, Session 3” discussion starter video. Discuss with kids why Nell needed help. Who might have been able to help her? What are some problems we have that we cannot fix? What problems did Jesus fix for us?

LEADER • Jesus is the Messiah. There is no problem too big or too difficult for Him. We can trust Him no matter what sin or sickness we are dealing with. He made the way for us to have forgiveness for sin and

- “Unit 24, Session 3” discussion starter video

spend eternity with God. No matter what happens to us now, we have hope for the future when Jesus will return and make the whole world perfect and beautiful again.

Sing (4 minutes)

• “Mighty Healer” song

LEADER • Jesus is the best Healer the world has ever seen. Sometimes we even refer to Him as “the Great Physician” which is another way to say doctor. He is much more than just a doctor, though. He is the Messiah, God’s Son.

Sing together “Mighty Healer.”

Pray (2 minutes)

Invite kids to pray before dismissing to small groups.

LEADER • Father, thank You for sending Your perfect Son to be our Savior. Help us trust Him for forgiveness of sins. We know that You are good and Your promises are true. No matter what we face in our lives, we can trust You to give us a wonderful future with You. Amen.

Dismiss to small groups

The Gospel: God's Plan for Me

Ask kids if they have ever heard the word *gospel*. Clarify that the word *gospel* means “good news.” It is the message about Christ, the kingdom of God, and salvation. Use the following guide to share the gospel with kids.



God rules. Explain to kids that the Bible tells us God created everything, and He is in charge of everything. Invite a volunteer to read Genesis 1:1 from the Bible. Read Revelation 4:11 or Colossians 1:16-17 aloud and explain what these verses mean.



We sinned. Tell kids that since the time of Adam and Eve, everyone has chosen to disobey God. (Romans 3:23) The Bible calls this sin. Because God is holy, God cannot be around sin. Sin separates us from God and deserves God's punishment of death. (Romans 6:23)



God provided. Choose a child to read John 3:16 aloud. Say that God sent His Son, Jesus, the perfect solution to our sin problem, to rescue us from the punishment we deserve. It's something we, as sinners, could never earn on our own. Jesus alone saves us. Read and explain Ephesians 2:8-9.



Jesus gives. Share with kids that Jesus lived a perfect life, died on the cross for our sins, and rose again. Because Jesus gave up His life for us, we can be welcomed into God's family for eternity. This is the best gift ever! Read Romans 5:8; 2 Corinthians 5:21; or 1 Peter 3:18.



We respond. Tell kids that they can respond to Jesus. Read Romans 10:9-10,13. Review these aspects of our response: Believe in your heart that Jesus alone saves you through what He's already done on the cross. Repent, turning from self and sin to Jesus. Tell God and others that your faith is in Jesus.

Offer to talk with any child who is interested in responding to Jesus. Provide *I'm a Christian Now* for new Christians to take home and complete with their families.

Small Group LEADER

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Key passage activity (5 minutes)

• Key Passage Poster

Guide kids to stand in a single-file line. Ask the last kid in line to say the first word of the key passage, the kid in front of her to say the second word, and so forth until kids complete the key passage. If any kids get stuck, the kid who is standing behind him should use her finger to “write” the word on his back. If he still cannot remember the word, show the key passage poster and allow kids to read the whole key passage together.

SAY • David wrote this psalm to remind himself of God’s power to heal and forgive sins. David did not want to forget to praise God for all the wonderful things He does for us. We can memorize verses like these to help us remember to praise God too!

Bible story review & Bible skills (10 minutes)

• Bibles, 1 per kid
• Main Point Poster

Distribute a Bible to each kid. Help them locate Mark 5:21-43. Read the passage together and then read a series of true or false statements. If the answer is false, guide the kids to hold their bellies and say, “I don’t feel so good.” Choose a kid to explain what is wrong with the statement. Ask kids to show which verse helped them figure

out the answer. If the statement is true, lead them to show a thumbs-up and say “Feeling fine!”

Questions:

1. Jairus was one of the rulers in the synagogue. (*true, Mark 5:22*)
2. Jairus asked Jesus to come to his house for dinner. (*false, he asked Jesus to heal his daughter; Mark 5:23*)
3. Jairus believed his daughter would be healed if Jesus would lay His hands on her. (*true, Mark 5:23*)
4. Jairus and Jesus traveled alone. (*false, a large crowd followed them; Mark 5:24*)
5. A woman came to Jesus. She had been bleeding for 12 minutes. (*false, 12 years; Mark 5:25*)
6. The woman said to herself, “If I touch even Jesus’ beard, I will be healed.” (*false, His clothes; Mark 5:28*)
7. As soon as the woman touched Jesus’ clothes, she knew she was healed. (*true, Mark 5:29*)
8. Jesus asked, “Who touched My shoes?” (*false, My clothes; Mark 5:30*)
9. The woman came forward and told Jesus what had happened. (*true, Mark 5:33*)
10. Some men came from Jairus’s house and said, “Your daughter is dead.” (*true, Mark 5:35*)
11. Jesus decided not to go to Jairus’s house. (*false, He went to the house; Mark 5:37-38*)
12. Jesus told the little girl to get up, and she did. (*true, Mark 5:41-42*)

SAY • Jesus healed a bleeding woman and raised a girl from the dead. Only Jesus has that kind of power because only Jesus is God the Son. He came to earth to teach people about God, heal them, and make the way to be forgiven. When we trust that Jesus died for

Option: Retell or review the Bible story using the bolded text of the Bible story script.

our sin and rose again on the third day, we are saved and given new life with God.



LOW PREP

- red construction paper
- scissors
- adhesive bandages

Activity choice (10 minutes)

OPTION 1: Broken hearts made new

Provide each kid with red construction paper. Show kids how to fold it in half and cut a curved shape that folds out into a heart. Then invite the kids to cut the heart in half down the middle. Provide each kid with a few adhesive bandages they can use to put the heart back together. Kids may also write the key passage or big picture question on the heart shape.

SAY • Our hearts are broken by sin. We are like the woman in the story who was sick for years: we can't heal ourselves, and no one but Jesus can help. When we trust in Jesus and believe that He died for our sin and rose again on the third day, He fixes our hearts. In fact, though our fun craft uses bandages to stick the broken heart back together, the Bible says that Jesus makes us totally new again!

OPTION 2: Robe race

Form two teams of kids and instruct them to line up at one end of the room. In the middle of the room, place the two chairs, one in front of each team. Drape a robe over each chair. At the far end of the room, lay the dolls on the floor, one across from each robe. One at a time, players from each team must run to the robe, run around the chair while touching the robe, and then run to the doll and sit it upright. When the doll is upright, the next kid may begin. The first kid will lay the doll down again before the second kid arrives, and so on down the line.

- robes, 2
- chairs, 2
- dolls, 2

SAY • Jesus could have been in a rush to heal the girl, but He stopped to speak with the woman who had faith in Him. Jesus knew that even death could not stop His power. *What did Jesus heal people from? Jesus healed people from sickness, sin, and death.*

Journal and prayer (5 minutes)

Distribute each child's journal. Ask the kids to write about or draw a picture of a person they know who is sick. Remind them to pray for that person, and encourage kids to trust Jesus to do what is best.

SAY • **Jesus healed a bleeding woman and raised a girl from the dead.** We know that Jesus still has power today to heal us and save us from sin. God doesn't always heal people when we expect Him to, but we know that anyone who believes in Jesus will be saved and get a new, glorified body when Jesus returns to fix the world. We can trust Him with our future because we know He always does what is best.

Make sure each child secures this week's sheet in the journal, and then collect them. Keep the journals in the classroom so they will be available every week or as often as you wish to use them.

If time remains, take prayer requests or allow kids to complete the Bible story coloring page provided with this session. Pray, asking God to heal the sick people in our lives, both physically, and more importantly, spiritually. Ask Him to work through us to bring more people to Him and save them from sin.

- markers or crayons
- Journal Page
- Bible story coloring page, 1 per kid

Tip: Give parents this week's *Big Picture Cards for Families* to allow families to interact with the biblical content at home.